

JUNIOR CHEFS MENU

BREAKFAST

Cold Cereals \$8.00

Fruit Loops, Special K, Raisin Brand, Corn Flakes, Coco Puffs

Pancakes \$12.00

Add : Chocolate Chips or Blueberries

Egg And Cheese English Muffin \$12.00

Egg Any Way With American Cheese On An English Muffin

Traditional Breakfast \$12.00

One Egg Any Style, Breakfast Potatoes, Pecan Smoked Bacon Or Bueberry Maple Sausage

Bowl Of Fresh Fruit \$8.00


LOCAL FLAVOR

- Omni Bedford Springs Resort has beehives on property and uses our own honey when possible for dishes
- There is a vegetable garden in the back of the resort and a herb garden by the outdoor pool
- Pennsylvania is known as “the snack food capital of the world”
- Guests used to travel from all over to drink the mineral springs found on property, they were known for their “curative powers”

DID YOU KNOW...?

- Popcorn explodes because each kernel has a perfect drop of water inside it. Your microwave quickly raises that water to the steaming point, and the pressure of the steam rips open the hull and inflates the starchy mush inside.
- Charles Feltman, a German-American Baker, invented the hot dog at Coney Island around 1867.
- Ripe cranberries will bounce like rubber balls.
- The average strawberry has about 200 seeds on it. Each seed that grows into a plant can produce about 24 large strawberries every year.

MAINS

 **House Salad \$6.00**
Lettuce, Cucumbers, Croutons, Choice of Dressing

Mac and Cheese \$11.00

 **Chicken Fingers \$7.00**
Fried Or Grilled And French Fries

 **Smash Burger \$12.00**
American Cheese And French Fries

 **Baked Salmon \$12**
Vegetables

SNACKS

 **Bowl Of Fresh Fruit \$8.00**

French Fries \$8.00

Fresh Fried Potato Chips \$8.00

 **Steamed Edamame Pods \$5.00**
Soy Sauce

SWEETS

Scoop of Ice Cream \$9.00
Chocolate or Vanilla

Cookies and Milk \$9.00

Root Beer Float \$9.00
Appalachian Brewing Co. Root Beer And Queen City Creamery Vanilla Ice Cream

SIPS

Assorted Sodas \$5.00

Juice \$5.00
Apple Juice, Orange Juice or Juice Box

Milk \$5.00
Chocolate, Regular or Soy Milk

Lemonade \$5.00

-  Protein-Packed
-  Heart-Healthy
-  Vegetarian
-  gluten-friendly

SCAVENGER HUNT

Spot one of the items below, then check it off the list.

- Ketchup
- Server Wearing An Apron
- Picture on the Wall
- Water Glass
- Salt and Pepper Shaker
- Sugar Packets
- Straw
- Fire Extinguisher
- Exit Sign
- Something Green
- Menu Item with Cheese
- Table With 4 People
- Spoon
- Clock
- Coffee Cup

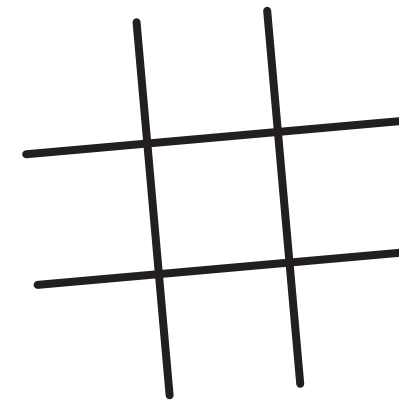
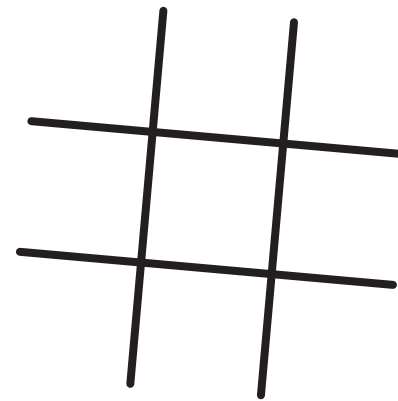
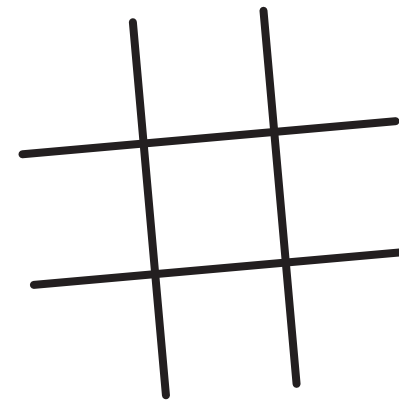
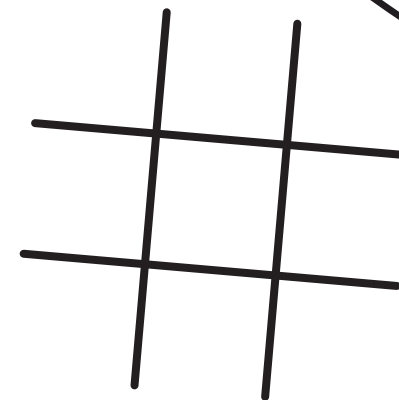
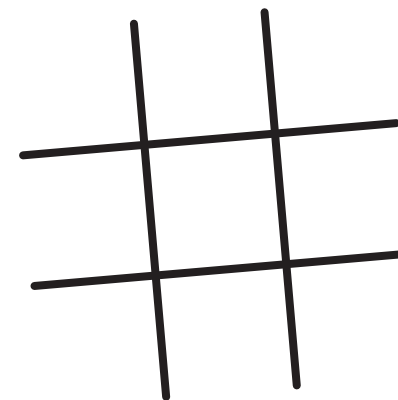
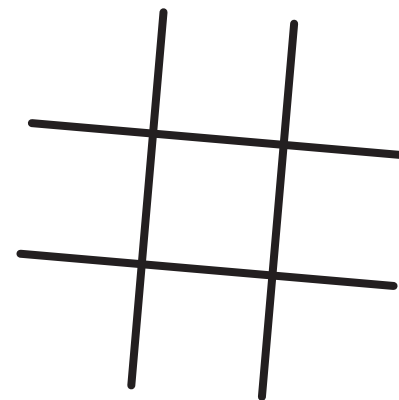
WORD SEARCH

L	D	G	K	S	F	M	O	D	P	N	K	E	K
T	S	A	F	K	A	E	R	B	X	I	T	D	D
U	N	E	M	Y	V	E	G	E	T	A	B	L	E
P	D	N	Q	B	R	E	P	C	C	G	V	P	S
R	E	N	N	I	D	G	H	H	F	H	I	H	S
H	U	J	J	J	Z	E	N	O	X	C	E	Q	E
E	B	O	L	Q	N	Z	O	U	E	U	S	F	R
L	U	N	C	H	G	D	H	R	H	X	X	O	T

BREAKFAST
CHEF
DESSERT
DINNER

VEGETABLE
HUNGRY
KITCHEN
LUNCH

MENU
RECIPE
FOOD



WORD SCRAMBLE

1. OHTEL _____
2. RTSREO _____
3. NIMO _____
4. UEASTISC _____
5. TAICANVO _____
6. IMFYLA _____
7. VEARTL _____
8. UFN _____
9. BYOBL _____
10. EIRNLAPA _____